

COVID-19: Changes upon re-opening the office

Please be advised that Bonnie Mason & Associates is following the Fraser Health & Province of BC Health standards. Our offices and all common areas are being sanitized regularly; we will no longer have a waiting room. Your counsellor will arrange to meet you outside the room you are booked in. We will no longer offer tea or water; you are welcome to bring your own beverages.

Please assist us in caring for everyone by:

1. Completing the online BC COVID-19 [Self-Assessment](#) or using the "BC COVID-19 Support" app. It is imperative that you follow the assessment's recommendations.
2. Staying home if you have travelled out of the country less than two weeks prior to your appointment.
3. Please stay home if you have any symptoms of COVID-19 or have been exposed to anyone having COVID-19.
4. If possible, take the stairs instead of the common elevator; when taking the elevator travel alone.
5. Wash your hands before your appointment and use complimentary hand sanitizer upon entry and exit of the clinic.
6. Please follow the social distancing standards (2 meters) as set by the Health Authorities.
7. Paying by tap, credit card or e-transfer, please arrange with your counsellor.
8. All counsellors will have 15 minutes between sessions in order to sanitize commonly touched areas.
9. If you are unwell, we will of course wave our cancellation policy during this time. We would prefer you stay home and get well and book a video session if you need support.

We look forward to connecting with you and thank you for your trust in our practice.

Take good care of yourself and our world

Bonnie Mason, MA, RCC RMFT
& Associates